



Full Power WORLD Championship 2024 November 2-3

Saturday: 2nd Nov Unequipped and Equipped all women

Men 52 – 56 – 60 – 67.5 – 75, – 82.5 KG

Sunday: 3rd Nov Unequipped and Equipped

Men 90 kg till +145kg

Location

Cape Cod Irish Village at the Emerald Resort & Conference Center https://theemeraldresort.com/cape-cod-irish-village/

- Hyannis, Cape Cod Massachusetts
- Free parking

There are a tremendous amount of amenities and things to do (for all ages) so

please check their website as you will do more than just lift weights!

Rooms and Cost

\$139 USD for double, \$149 Triple and \$159 quadruple occupancy per night.

- -children < 16yrs old stay free with parents
- -cots are complimentary with prior arrangement
- 14.45% tax is is addition to base rate

Book Room(s) via website:

http://www.theemeraldresort.com

DO NOT USE ANY OTHER SERVICE TO BOOK ROOM!!!

Use group code PL24

How to Get There

It is best to fly into Boston, Massachusetts (BOS)

You may fly into Hyannis from several international airports if you desire (HYA)

Bus Routes from Boston to Hyannis (~\$35 USD)

https://us.megabus.com/route-guides/boston-to-hyannis-bus

You may rent a car at the Boston Airport (1.5 to 2 hr drive depending on traffic)

Meet Entry

You must qualify and apply via your governing body
If there are ex-pats in the USA, they may reach out to the ADFPF for
any

assistance in qualifying or applying

Entry fee: International 100 Euro 1 entry (unequipped or Equipped) 130 Euro for Both (Unequipped and Equipped)

Local (USA/Canada): \$130 USD

Entries must be paid to the governing body and the governing body will remit payment to the meet director

Schedule

-Weigh in both days 7:30 - 8:30 re-weighs 8:30 - 9:00

-Saturday – Sunday

Competition start: 10:30

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Unequipped and Equipped

all women

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Men from 90 kg till +145kg

Competition schedule will follow after the entry deadline